



WHY WHOLE PERSON APPROACH?

- ✓ Physical
- ✓ Psychosocial
- ✓ Cognitive
- ✓ Spirituality

Creative solutions for workplace challenges

WORKPLACE HEALTH & SAFETY



Most of us will experience a mental health challenge or physical injury at work during the course of our careers – no one is immune. We work with your organization's health and safety team to highlight problem areas and determine cost-effective solutions.

Starting with your current employees, we discuss their needs and concerns at the worksite and focus on proactive initiatives – which can prevent time loss due to injuries. We examine training methods which can reduce injury, ergonomic changes to everyday tools and equipment, and mental health awareness.

We offer customized, specialized, and individualized services for workplace health and safety in a wide variety of industries throughout public/private/union/non-union sectors. We work with employers of all sizes across Manitoba and Northwest Ontario for close to 20 years.



construction



education



forestry



health care



manufacturing



mechanical



professionals



telemarketing



trades

“ We all have a role to play in creating and sustaining healthy workplaces — are you doing your part? ”

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