MAXIMIZE HUMAN CAPABILITIES MHC Ergonomics and Occupational Therapy

## WHY WHOLE PERSON APPROACH?

PhysicalCognitive

PsychosocialSpirituality

## **Creative solutions for workplace challenges**



FUNCTIONAL CAPACITY EVALUATIONS

An individual who sustained a physical injury or illness may continue to experience on-going pain symptoms and limitations.

An individual may experience chronic health conditions.

In addition to physical limitations psychosocial barriers may be interfering with the individual's progress.

The psychosocial or mental health barriers are often hidden, but if let unaddressed will interfere with moving forward with rehabilitation and return to work.

**GG** We do not just focus on the obvious physical limitations only

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During our comprehensive **Functional Capacity Evaluations**, rather than focusing on physical testing with job specific tasks only, we include psychosocial risk factor testing to identify mental health barriers. *This results in:* 

- a comprehensive determination of the individuals safe functional capabilities and limitations
- identify the barriers that are preventing progress can be physical restrictions, psychosocial or mental health barriers, workplace concerns
- determine how these barriers are impacting with participation in job tasks and daily tasks
- determine what tools are required for managing these barriers so as to successfully move forward with rehabilitation and return to work

